

## SUPER DEALS IN-STORE ALSO

**TOFURKY VEGGIE ROAST**



**\$18<sup>79</sup>**

736 g

PLANT-BASED ROAST & MEDIC STUFFING  
À BASE DE PLANTES ROTI

**OLIVIA'S STUFFING**



**\$8<sup>49</sup>**

255 g

Gluten Free Sans gluten

**RIZOPIA LASAGNE**



**\$2<sup>39</sup>**

240 g

**MARIE SHARP'S FIERY PEPPER SAUCE**



**\$7<sup>69</sup>**

296 ml

**BIOITALIA PASTA SAUCE**



**\$7<sup>69</sup>**

660 ml

BASILICO

**DUMET GREEK OLIVES**



**\$4<sup>79</sup>**

200 g

KALAMATA

**MI-DEL GRAHAM CRUST**



**\$4<sup>79</sup>**

200 g

**TEO NAN HOT CHOCOLATE**



**\$14<sup>39</sup>**

83 g

**EAST COAST BBQ CHIPS**



**\$2<sup>79</sup>**

142 g

BACKYARD BBQ BARBECUE DANS LA COUR

**DAYDREAM INFUSED WATER**



**\$2<sup>89</sup>**

355 ml

**BOB'S 1 TO 1 BAKING FLOUR**



**\$9<sup>99</sup>**

1.24 kg

**ST. BRIGID'S SALTED BUTTER**



**\$10<sup>99</sup>**

250 g

Look for the "healthy" symbol       Special available only while supplies last

**NOW PEPPERMINT ESSENTIAL OIL**



**20% OFF**

30 ml

**NAKA NAC 600MG CAPS**



**\$28<sup>49</sup>**

150's

**NATURAL FACTORS MELATONIN 10MG**



**\$15<sup>99</sup>**

90's

**NAKA ZINC CITRATE TABS**



**\$8<sup>99</sup>**

120's

**MEDI-C POWDER**



**\$52<sup>99</sup>**

600 g

**BIG FRIENDS CHEW VITAMIN C**



**\$8<sup>99</sup>**

90's

**NATURAL FACTORS B12 1000mcg TABS**



**\$17<sup>99</sup>**

210's


**NAKA ENHANCED DIGESTIVE ENZYMES**



**\$29<sup>99</sup>**

120's

**NATURAL FACTORS ASHWAGANDHA**



**\$14<sup>79</sup>**

30's

**MENO SENSE CAPS**



**\$38<sup>99</sup>**

210's

**OIL OF OREGANO**



**\$20<sup>99</sup>**

30 ml

**YOUNITED MULTIVITAMIN**



**\$54<sup>99</sup>**

120's